

Internet Safety & Privacy (Self-guided)

This document will lead you through the material covered in this workshop.

Instructions:



Complete each section of instructions, then mark the checkbox next to the bold title, and move to the next one.

Many videos have sound, so if you need help finding a way to listen or turn on captions, just ask!

Complete activity: ***What Do You Already Do to Stay Safe Online?***

- Discuss together Talk to your partner about what you already do and avoid doing to protect yourselves online. Write down three things you do to keep yourself and your information safe:

1. _____
2. _____
3. _____

- There are LOTS of things you can do to be safe online, including the ones you've thought of. In this lesson, we will go over three good strategies for being safe online and a few ideas of how to do each. Then we'll look at how our data is collected online and some of the issues facing younger users of the internet.

Complete ***Be Careful Where You Go*** Tutorial

- Use the following URL to view the online slideshow, read the text, discuss the questions, and complete the activities.
- bit.ly/isbcwyg

Complete ***Be Careful What You Share*** Tutorial

- Use the following URL to view the online slideshow, read the text, discuss the questions, and complete the activities.
- bit.ly/isbcwys



Complete *Make it Harder for the Bad Guys Tutorial*

- Use the following URL to view the online slideshow, read the text, discuss the questions, and complete the activities.
- bit.ly/ismih

Complete *Digital Cookies and Tracking Tutorial*

- Online tracking is a reality when using the internet. Sometimes websites use tracking to make things more convenient for us. Sometimes we would prefer that websites didn't track our activity. The tutorial below will introduce this complicated topic.
- Go to the webpage below, read the text, watch the videos (if you are able), and complete the activities until you reach the "Continue" button.
- When you reach the "Continue" button, STOP. You have completed this tutorial.
- <https://edu.gcfglobal.org/en/internetsafety/social-media-privacy-basics/1>

Complete *Be Internet Brave Activities*

- Use the following link to view the online slideshow, read the text, discuss the questions, and complete the activities.
- bit.ly/isbiab

Family Media Agreements

- The last activity is the Family Media Agreement from Common Sense Media.
- This Family Media Agreement covers many issues related to devices and leads families through decisions about boundaries they'd like to set.
- Take a few minutes to read this agreement and decide which parts your family might like to use and how it might work for your family.
 - Go to the URL <https://www.commonsensemedia.org/family-media-agreement>
 - Click "Get Family Contracts"
- You may or may not decide to sign the agreement together, but discussing it as a family can help start good conversations.

Well done! You've completed this self-guided set of activities for online safety and privacy! The next page includes a review of these topics, as well as links to additional resources to learn more and practice the skills involved. Keep it as a reminder of what you've learned. If you need credit for completing this self-guided workshop, complete the Workshop form page and see a member of the library staff.



Internet Safety & Privacy

Review & Resources to Continue Learning

First steps for everyone to be safer online:

Be careful where you go.

- Only visit websites and links you trust.
- Check URLs carefully.
- Look for the lock icon on the address bar to ensure a website is secure before inputting passwords, personal information, or financial information.
- Practice evaluating links at <https://phishingquiz.withgoogle.com>.

Be careful what you share.

- Context is important.
- Privacy – protecting information you don't want others to see
- Security – protecting important information from being used without permission
- Adjust privacy settings and app permissions often to give the minimum permissions necessary.

Make it harder for the bad guys.

- Download updates immediately.
- React slowly and suspiciously.
- Use a password that is difficult to guess and easy to remember.
 - Practice Picking Passwords: <https://howsecureismypassword.net>
- Don't use the same password for multiple important accounts.
- Want to go one step further? Learn about password managers.
 - What is a password manager?
 - » <http://bit.ly/2VH9iFv>
 - » <http://bit.ly/32Me9qB>
 - How to use Google's password manager:
 - » <http://bit.ly/2PLN5T3>
 - How to set up a password manager (not Google):
 - » <http://bit.ly/2x9q6Ll>



Digital Tracking and Cookies:

- *Understanding Digital Tracking Cookies:* <http://bit.ly/3cvbxBl>
- More about cookies and tracking: <http://bit.ly/gcfcookies>
- More about protecting your data: <https://ssd.eff.org>

Protecting Students Online:

- Track and limit online activity
 - Browsing history, filters, and parental control accounts sometimes help.
 - Learn more at: <http://bit.ly/pccsm>
- Understand online activity
 - Resource: <https://www.common sense media.org>
- Discuss online activity
 - Family Media Agreements might help lead a discussion to agree on boundaries.



Workshop Forms

COMPLETED WORKSHOP FORM – PARTICIPANT COPY

I _____ and I _____ have completed all
(adult) (student)

the self-guided tutorials and activities for Internet Safety and Privacy. This will be added to my attendance record.

Adult Signature _____ Date _____

Student Signature _____ Date _____

Staff Signature _____ Date _____

COMPLETED WORKSHOP FORM – LIBRARY COPY

I _____ and I _____ have completed all

the self-guided tutorials and activities for Internet Safety and Privacy. This will be added to my attendance record.

Adult Signature _____ Date _____

Student Signature _____ Date _____

Staff Signature _____ Date _____